

## Meals

Lunch is served at the center to senior clients, ages 60+ from 11:30am-12:30 pm, Monday through Friday. Guests under age 60 (accompanying a senior) are welcome to have lunch for only \$4.50.

Homebound meals are delivered to seniors unable to attend congregate meals.

The suggested donation for meals is \$1.50. While donations for services are not required, they are gladly accepted and allow the program to continue providing services.

The noon time meals are a great opportunity to eat a well balanced meal and spend some time visiting with other seniors from the community.

**Physical Address:**  
**4324-A Corrales Road**  
**Corrales, NM 87048**  
**(505) 897-3818**

**Hours of Operation**  
**Monday – Friday:**  
**8 am to 5 pm**

## SANDOVAL COUNTY SENIOR PROGRAM



## Corrales Senior Center



**4324-A Corrales Rd.**  
**Corrales, NM 87048**

## Activities and Services

Activities vary at the center and are developed based on input from clients. Clients are encouraged to suggest activities so that the program may serve new areas of interest. Volunteers are invited to teach classes.



### Current Activities:

#### Physical Fitness:

- ◆ Latin Dance / Salsa
- ◆ Line Dancing
- ◆ Aerobics
- ◆ Yoga
- ◆ Open gym-equipment

#### Recreation:

- ◆ Bingo
- ◆ Billiards
- ◆ Music

#### Classes:

- ◆ Spanish
- ◆ Computer
- ◆ Ceramics

#### Special Events:

- ◆ Holiday Parties
- ◆ Birthday Socials
- ◆ Dances
- ◆ Informal Presentations

### Transportation

Senior Citizens 60+ in the Corrales Area are eligible to receive transportation to and from the Corrales Senior Center for:

- ◆ Medical Appointments
- ◆ Shopping
- ◆ Special Events
- ◆ Field Trips/Activities throughout New Mexico

## Staff & Volunteers

### Center Supervisor

### Program Assistant

### Custodian / Driver

### Commission on Senior Affairs

### Representatives

### Advisory Board Members

Chairman  
Secretary  
Treasurer  
Members